

Wellness Walkers

Winter 2019

Thursdays, 9:30 – 10:30 a.m.

Each week we will get our heart rate up and get moving – enjoying the outdoors in our beautiful parks. Walks are guided and self-paced. Get to know the parks better and meet new people.



Date	Meeting Point	Address	Path Description	Path Difficulty Rating *
December 5	Pearl's Fen	4524 Byron Road, Fairborn	Natural	1
December 12	Dominick Lofino Park	640 Grange Hall Road	Paved	1
December 19	Russ Nature Reserve	2380 Kemp Road	Natural	2
January 9	Grange Hall Bike Access	1440 Grange Hall Road	Paved	1
January 16	Phillips Park	2090 Dayton-Xenia Road	Natural	1
January 23	Fifth Third Gateway	4231 Dayton-Xenia Road	Paved	1
January 30	E. J. Nutter Park	865 Factory Road	Paved & Natural	1
February 6	Pearl's Fen	4524 Byron Road, Fairborn	Natural	1
February 13	Caesar Ford Park	520 S. Stringtown Road, Xenia	Natural	2
February 20	Beavercreek Station	1153 N. Fairfield Road	Paved	1
February 27	Narrows Reserve, Sperling Lane	Sperling Lane, Beavercreek	Natural	2

***Path difficulty rating 1 (easiest) – 3 (most difficult). Ratings consider terrain, elevation changes, etc.**

Registration is required in advance. Contact Greene County Parks & Trails to register.



City of Beavercreek Parks, Recreation & Culture
 (937) 427-5514
www.beavercreekohio.gov



Greene County Parks & Trails
 (937) 562-6440
www.gcparkstrails.com