

# Wellness Walkers

## Spring 2020

Thursdays, 9:30 – 10:30 a.m.

*Each week we will get our heart rate up and get moving – enjoying the outdoors in our community’s beautiful parks. Walks are guided and self-paced. Get to know the parks better and meet new people.*

| Date     | Meeting Point                   | Address                                   | Path Description    | Path Difficulty Rating* |
|----------|---------------------------------|---|---------------------|-------------------------|
| March 5  | Dominick Lofino Park            | 640 Grange Hall Road, Beavercreek         | Paved               | 1                       |
| March 12 | Russ Nature Reserve             | 2380 Kemp Road, Beavercreek               | Natural             | 2                       |
| March 19 | Community Park                  | 691 E Dayton-Yellow Springs Rd., Fairborn | Paved & Natural     | 1                       |
| March 26 | Pearl’s Fen                     | 4524 Byron Road, Fairborn                 | Natural & Boardwalk | 2                       |
| April 2  | Beavercreek Station             | 1153 N. Fairfield Road, Beavercreek       | Paved & Natural     | 1                       |
| April 9  | Fifth Third Gateway Park & Ride | 4231 Dayton-Xenia Road, Beavercreek       | Paved               | 1                       |
| April 16 | Oakes Quarry Park               | 1267 E. Xenia Dr., Fairborn               | Natural             | 2                       |
| April 23 | Rotary Park                     | 2260 Dayton-Xenia Road, Beavercreek       | Paved & Natural     | 1                       |
| April 30 | E.J. Nutter Park                | 865 Factory Road, Beavercreek             | Paved & Natural     | 1                       |
| May 7    | Cold Springs Reserve            | 760 Black Ln., Fairborn                   | Natural             | 3                       |
| May 14   | Dominick Lofino Park            | 640 Grange Hall Rd., Beavercreek          | Paved               | 1                       |
| May 21   | Caesar Ford Park                | 520 S. Stringtown Road, Xenia             | Natural             | 2                       |
| May 28   | Russ Nature Reserve             | 2380 Kemp Road, Beavercreek               | Natural             | 2                       |

***\*Path difficulty rating 1 (easiest) – 3 (most difficult).***

***Ratings consider terrain, elevation changes, etc. Registration is requested in advance. Register at [www.gcparkstrails.com](http://www.gcparkstrails.com).***



(937)427-5514  
[www.beavercreekohio.gov](http://www.beavercreekohio.gov)



(937)754-3090  
[www.fairbornoh.gov](http://www.fairbornoh.gov)



(937)562-6440  
[www.gcparkstrails.com](http://www.gcparkstrails.com)