

Wellness Walkers

Summer 2020

Thursdays, 9:30-10:30am

Each week we will get our heart rate up and get moving – enjoying the outdoors in our community’s beautiful parks. Walks are guided and self-paced. Get to know the parks better and meet new people.

Date	Meeting Point	Address	Path Description	Path Difficulty Rating*
June 11	Indian Mound Reserve Cedar Cliff Falls	2750 US State Route 42 East, Cedarville	Natural	2-3
June 18	Dominick Lofino Park	640 Grange Hall Rd. Beavercreek	Paved	1
June 25	Oakes Quarry Park	1267 E. Xenia Dr. Fairborn	Natural	2
July 2	Pearl’s Fen	4535 Byron Road, Fairborn	Natural	1
July 9	Fifth Third Gateway Park & Ride	4231 Dayton-Xenia Road, Beavercreek	Paved	1
July 16	Caesar Ford Park	520 S. Stringtown Road, Xenia	Natural	2
July 23	Community Park	691 E. Dayton-Yellow Springs Road, Fairborn	Paved	1
July 30	E.J. Nutter Park	865 Factory Road Beavercreek	Paved & Natural	1
August 6	Cold Spring Reserve	760 Black Lane Fairborn	Natural	3
August 13	Russ Nature Reserve	2380 Kemp Road, Beavercreek	Natural	2
August 20	Rotary Park	2260 Dayton-Xenia Road, Beavercreek	Paved & Natural	1
August 27	Indian Mound Reserve Williamson Mound	2750 US State Route 42 East, Cedarville	Natural	2-3

***Path difficulty rating 1 (easiest) – 3 (most difficult). Ratings consider terrain, elevation changes, etc. Registration is requested in advance and can be done at www.gcparkstrails.com**



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www.fairbornoh.gov



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